OTA DTEDO	
STARTERS Soup of the Day Made using the freshest ingredients	£5.25
Breaded Cod Goujons Lightly Breaded strips of Cod with Tartar Sauce	£5.75
Chicken Liver Pate (GF) (please ask for Gluten Free Crackers) Served with Toasted Breads and Caramelised Onion Chutney	£5.75
Duck Spring Rolls Filo Pastry Duck with Hoisin Dip	£5.95
Thai Sweetcorn Fritters Deep Fried, with Sweet Chilli Dip	£5.65
Prawn Cocktail (GF) Mixed Salad Leaves, Juicy Prawns and Marie Rose Sauce	£6.25
Bears Paw Black Pudding Stack Black Pudding, Fried Egg, Crispy Bacon, Drizzled with Brown Sauce	£5.95
MAINS	
Fresh Fried Cod (GF if Grilled) Deep Fried in our Light Batter, served with Chips, Mushy Peas, Tartar Sauce	£12.95
Duck Breast (GF) Pan Fried with Orange and Cranberry Sauce	£13.95
Marinated Sea Bass (GF) In Lime and Coriander with a Balsamic Glaze	£13.95
Grilled Lamb Cutlets (GF) Four Lightly Seasoned Lamb Cutlets	£17.95
8oz Rump Steak (GF) Lightly Seasoned & served to your liking. Garnished with Mushrooms & To	£12.95 omatoes
7oz Fillet Steak (GF) Lightly Seasoned & served to your liking. Garnished with Mushrooms & To	£22.95 omatoes
Pork and Black Pudding Two Pork Loins with Sliced Black Pudding, & a Course Grain Mustard Sar	£11.95 uce
SAUCES	
Pink Peppercorn Sauce	£1.95
Creamy Mustard Sauce	£1.95
Rosemary & Redcurrant Sauce	£1.95
Bearnaise / Hollandaise (GF)	£1.75
EXTRAS	
Chips (GF)	£3.00
Sweet Potato Fries	£3.95
Garlic Bread	£2.75
Cheesy Garlic Bread	£3.50
Onion Rings	£2.50
SMALL PLATES	
Grilled Lamb Cutlets (2)	£9.50
Fresh Fried Cod	£6.95
Breaded Cod Goujons	£6.95 £6.95
Wholetail Scampi Marinated Sea Bass	£6.95
Chicken Jalfrezi	£6.95
Ham and Egg	£6.50

BEARS PAW SET MENU

Served Mon - Fri 12 - 2:30pm 6 - 7pm Sat Lunch 12 - 5pm Sun 5 - 8:30pm

Two Courses £14.50 Three Courses £16.95

SUNDAY LUNCH SET MENU

Served Sunday 12-5pm

One Course £11.95 Two Course £14.50 Three Course £16.95

If you have any allergies or intolerances please let your server know when ordering food. Thank you. (GF) = Gluten Free

SALADS Warm Duck Salad (GF)	£13.95
With a Honey and Soy Sauce Dressing	
Ploughmans (GF) (please ask for Gluten Free Crackers) Brie, Cheddar & Stilton	£7.95
Prawn and Marie Rose Salad (GF)	£8.95
Ham or Turkey Salad (GF)	£7.95
SANDWICHES (ONLY AVAILABLE LUNCHTIMES) Hot Roast Beef on Brioche Bun	£7.95
Served with Caramelised Onions and Course Grain Mustard	
Brie, Bacon and Cranberry	£5.95
Fish Finger and Tartar Sauce on Brioche Bun	£5.95
Prawn and Marie Rose (Open Sandwich)	£7.95
Cheddar Cheese, Spring Onion and Mayonnaise	£5.75
Roast Turkey with Sage Onion Stuffing and Cranberry	£5.95
Add a Mug of Soup for £2.50 Extra	

PUB CLASSICS	
Chicken Jalfrezi (GF) Chicken in a Tomato and Coriander Sauce with Basmati Rice.	£10.95
Gammon with Egg or Pineapple (GF) 8oz Gammon Steak, served with Egg or Pineapple Fritter	£10.95
Pie of the Day Please ask your Server for todays Pie	£10.95
Wholetail Scampi Breadcrumbed Scampi Pieces and Tartar Sauce	£10.95
Elvis Burger 6oz Burger on Brioche Bun, with Cheese, Streaky Bacon, Rocket, Tomat	£11.95 to & Gherkin
Sausages and Mash Three Cumberland Sausages on a Bed of Mashed Potato with a Rich Or	£9.95 nion Gravy
Lasagne Layers of pasta sheets, prime beef mince, tomatoes and béchamel sauc Served with garlic bread and salad.	£10.95 e.

Layers of pasta sheets, prime beef mince, tomatoes and béchamel sauce. Served with garlic bread and salad.	
DESSERTS	
Ticky Tacky Pudding Date Sponge with Butterscotch Sauce	£5.75
Bread and Butter Pudding Bread Pudding with Cinnamon and Sultanas	£5.75
Creme Brulee (GF) Made with Vanilla Pods, Cream, with a Crisp Caramelised Sugar Top and (Shortbread Biscuit gluten)	£5.75
Eton Mess (GF) A Mix of Meringue, Cream and Berries	£5.25
Ice Cream (GF) Small £2.95 Large Vanilla, Mint Choc Chip, Strawberry, Honeycomb, Chocolate	£4.25
Sorbet: Mango, Lemon and Raspberry (GF)	£5.75
Cheese and Biscuits (GF) (please ask for Gluten Free Crackers) Brie, Cheddar and Stilton, Grapes, Crackers and Chutney	£7.95
Dutch Apple Pie Lattice Top Apple Tart, with Cinnamon and Sultanas	£5.25
Chocolate Brownie and Vanilla Ice Cream	£5.25
Belgian Sugar Waffle Vanilla Ice Cream, Chocolate and Caramel Sauce	£5.25
HOT BEVERAGES	
Americano	£2.25
Espresso	£1.95
Latte Cappuccino	£2.65 £2.65
Tea	£1.75
Infused Teas	£2.25

Hot Chocolate with Cream and Marshmallows, served in a large cup. £3.95

MENU

WHITE WINES

25ml 175ml 250ml bottle

1. Tierra de Estrellas Sauvignon Blanc £3.25 £4.25 £5.50 £15.95 Chile - Fantastic example of the crisp, citrus-led Sauvignon Blanc, with just the right juicy acidity.

2. Vina Arroba Pardina Chardonnay £3.75 £4.50 £5.85 £16.95 Spain - Fresh, clean and dry. Light and floral with crisp citrus notes.

3. Southern Lights Sauvignon Blanc £4.30 £5.60 £7.30 £20.95 New Zealand - A fresh and vibrant wine with passionfruit gooseberries and some melon characters.

4. Dry River Pinot Grigio£3.75 £4.50 £5.85 £16.95

Australia - Ripe, crisp and fruity with a characteristic hint of almonds. Well rounded with soft apple and pear flavours and a lingering finish.

5. Niersteiner Gutes DomtalSa.75 £4.50 £5.85 £16.95

Germany - A medium bodied, fragrant wine with upfront fruit, a touch of spice and a mild soft finish.

6. Diamond Bay Chenin Blanc £4.00 £4.95 £6.40 £17.95 South Africa - Aromas of citrus, tropical fruit, lychee and peach, beautifully rounded with a clean, off-dry finish.

ROSÉ WINES

125ml 175ml 250ml bottle

7. Matra Hill Pinot Grigio Rosé £3.75 £4.50 £5.85 £16.95 Hungary - *A fruity rosé with delightful notes of citrus and light cherry.*

8. Painted Bird Zinfandel Rosé £3.25 £4.25 £5.50 £15.95 USA - A lively and fruity rosé with aromas and flavours of strawberries and fresh summer berries such as raspberries and cherries.

RED WINES

125ml 175ml 250ml bottle

9. Tierra de Estrellas Merlot £3.25 £4.25 £5.50 £15.95 Chile - A simple stunner. A full red, packed with inky plum fruit and well-toned tannins.

10. The Landings Shiraz CabernetSoft bramble fruit character with a lightly spiced finish makes this a smooth easy-drinking red.

11. Cosmina Pinot Noir £3.95 £5.10 £6.55 £18.95
Romania - Soft and silky with red berry fruit flavours and aromas, flecked with oak

12. Vina Arroba Tempranillo £3.75 £4.50 £5.85 £16.95 Spain - *An easy drinking red which is bursting with strawberry and summer fruit flavours.*

13. Senorio de Arizaga Tinto Rioja £4.15 £5.30 £6.85 £19.95 Spain - A youthful style Rioja. Not too heavy with upfront blackcurrant fruit with hints of spice and mellow oak.

14. Casa Solera Bonarda Malbec £3.95 £5.10 £6.55 £18.95 Argentina - *A ripe and juicy red, bursting with blackberry fruit, hints of spice and a full, robust finish.*

SPARKLING WINES & CHAMPAGNES

75cl bottle

15. Gran Duca Prosecco

£22.95

Italy - Fully sparkling, lightly nutty and fruity. Clean and fresh on the palate.

16. Prosecco Canella 200ml £6.50

Italy - Italian flair in a bottle, with a lovely balance of fruit and acidity.

17. Champagne £40.00

France - A fresh crisp palate reveals white-fleshed fruits, citrus, floral notes and elegant hints of brioche and fresh nuts.

WINES